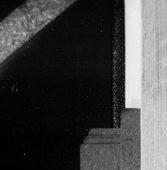


GOOD NEWS FOR HOMEMAKERS

Shirley W. Walton Extension Agent

STORAGE TIPS

Biscuits and muffins are at their best when freshly made. Leftovers should be cooled completely, then wrapped tightly in foil to retain moisture. Reheat and use within a day or so. Because these breads can be so quickly made, it doesn't save time to make them ahead, freeze and then thaw and reheat them.

Doughnuts, too, are at their best when eaten the day they are made.

Nut, fruit and other loaves to be served cold will be easier to cut into thin slices without crumbling, and slices will be easier to spread, if made a day ahead. Flavors of some breads mellow with time. Cool them completely on wire racks, then wrap closely in foil or plastic wrap and keep them at room temperature until ready to serve. To freeze, cool loaves completely; then wrap in foil, heavy-duty plastic wrap or freezer wrap and press all air from package. They can then be frozen for up to 3 months. To thaw, let wrapped loaves stand at room temperature about 1½ hours; slice and serve.

Leftover waffles should be cooled, wrapped to retain moisture, and stored at room temperature; reheat in toaster at setting for light toast. If you plan on freezing the wraffles, bake only until lightly browned. Cool completely on wire racks; wrap in foil, heavy-duty plastic or freezer wrap and press all air from package. Or freeze waffles on cookie sheets, then place in heavy-duty plastic bags and seal; freeze for 1 or 2 months. To thaw, remove from package and toast waffles in toaster at medium setting.

RECIPES OF THE WEEK

Muffins

3 cups Master Mix*
1 tablespoons sugar
1 cup water or milk
1 egg, beaten

Measure Master Mix into a bowl. Stir in sugar. Combine water or milk and egg. Dump into the dry ingredients. Stir just enough of moisten dry ingredients.

Fill greased muffin cups ⅔ full. Wipe off any spilled batter. Bake in a 400° oven for 20 minutes. Makes 12 muffins.

*If you do not have the recipe for the Master Mix call or write the Appomattox County Extension Office (352-8241), P. O. Box 488, Appomattox, Va. 24522.

Coffee Cake

2 cups Master Mix
2 tablespoons sugar
1 egg
¾ cup water or milk

Measure Master Mix and put into a bowl. Stir in sugar. Beat egg and add to water or milk. Stir liquid into dry mixture until ingredients are well mixed (about 25 strokes). Do not beat.

Spread batter in greased pan (8 x 8 x 2") or 8" or 9" round pan). Sprinkle with Cinnamon-Sugar Topping. Bake in 400° oven for 20-25 minutes.

Cinnamon-Sugar Topping

¼ cup brown sugar
3 tablespoons Master Mix
½ teaspoon cinnamon
1 tablespoon butter or margarine

Mix sugar, Master Mix, and cinnamon. Cut in fat. Sprinkle on top of Coffee Cake before baking.

Commissioned

Gregory F. Knight, son of Mr. and Mrs. Francis M. Knight of Rt. 4, Appomattox, Va., has been commissioned a second lieutenant in the U.S. Air Force upon graduation from Officer Training School at Lackland AFB, Tex.

Lieutenant Knight, selected through competitive examination for attendance at the school is being assigned to Mather AFB, Calif., for navigator training.

The lieutenant, a 1968 graduate of Bethany High School, Reidsville, N.C., received his A.A. degree in 1970 from Rockingham Community College, Wentworth, N.C., and B.A. degree in psychology in 1973 from East Carolina University.

His wife, Sharon, is the daughter of Mr. and Mrs. Stevenson of 502 N. Elm St., Asheboro, N.C. (USAF HOME TOWN NEWS CENTER)

College Tests

Cont'd from Page 1

These are described in the PSAT/NMSQT **Student Bulletin**, available in the counseling office.

To help students get the most out of their participation, they will receive a booklet called **About Your PSAT/NMSQT Scores** with score reports. It will show them where to find and how to use more detailed informat i o n about colleges and financial aid and how to plan for a college education. It will also explain how they can estimate their SAT scores.

When they get their scores, students can use the College Board's **College Handbook** to compare themselves with enrolled students at hundreds of colleges and universities and find out their chances of getting into - and succeeding at - the colleges of their choice.

H. Vernon Scott, President, National Associated Businessmen, Inc., presented Congressman Dan Daniel his third "Watchdog of the Treasury" Award in recent ceremonies in Washington. The award was in recognition of the Congressman's outstanding economy voting record and his position on federal fiscal responsibility.

Take a tip from social security

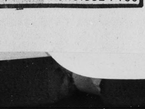
If you get $20 or more in tips in a month from one employer:

- Keep a record
- Give a written report to your employer by the 10th of the next month
- Arrange with your employer to pay the social security contributions

Social security builds disability, survivors, retirement, and Medicare protection.

U.S. Department of Health, Education, and Welfare
Social Security Administration

This space donated as a public service



Trick Drill

Cont'd from Page 1

to effectively execute the maneuvers being judged. Many routines are coordinated by individuals within the group under the auspices of a faculty advisor.

Representatives from the U.S. Air Force and Marines will judge the performances based on creativity, difficulty, precision, bearing and execution.

The U. S. Air Force Honor Guard, assigned to Bolling Air Force Base, Washington, D.C., will perform at the conclusion of the competition. The Drill Team, comprised of 18 men selected for their military bearing, strength and dexterity was formed in the early 1950's and has been an intergral part of the U.S. Air Force Honor Guard and is the Air Force's official ceremonial unit in the Military District of Washington. In addition to performing strictly as a precision drill team, the members are often called upon to augment the Honor Guard at other official military ceremonies in Washington, D.C.

Erosion

Cont'd from Page 1

Construction of single houses that are not part of a subdivision are exempt from the erosion control law as are agricultural and forest lands.

The Robert E. Lee Soil and Water Conservation District can assist the counties develop their erosion control program. A workshop to assist localities was held in Lynchburg Thursday. Attending the workshop were John Cole, Chairman Appomattox County Board of Supervisors, Bill Slagle, Appomattox Town Manager, Carter Martin, Director, Robert E. Lee Soil and Water Conservation District, Cornell Goldman, Extension Service, and Bob McClenny, Soil Conservation Service.

Services of the Soil Conservation Service are available to assist the developers with conservation plans and practices to meet the provisions of the erosion law. Enforcement of the erosion ordinance must be done by the counties.

Ignoring Festival Activities

Elizabeth Ashley Burke, daughter of Mr. and Mrs. William Burke, seems to be ignoring the activity at the Historic Appomattox Railroad Festival as she reclines in her buggy circa 1845. Buggy is made of wicker with iron wheels.

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...'s representatives in the North Carolina Invitational 4-H Automotive Driving Event, ...ing inside of an automobile engine. Representing their state in the 4-H event held October ...Raleigh, N.C. were: Timothy Steele, 16, Rt. 1, Front Royal, Warren County and Mary ... Appomattox, Appomattox County.
...up is James H. Strandberg (left), Manager of Public Relations, The Firestone Tire & ...r, sponsor of the event and donor of awards in the 4-H automotive program. Firestone ...with the Cooperative Extension Service and the National 4-H Service Committee were hosts ...three day educatinal event.

...ginia Duo Competes In ...th Carolina Invitation ...l Automotive Event

...IGH, N.C. Two ...s were participated in ...Carolina Invitational ...omotive Driving Ev... October 9-11, at the ...Crabtree here.

...e Steele, 16, Rt. 1, ...ed. Warren County ...y Parris, 17, of ...ton. Appomattox ...presented Virginia in ...event sponsored by The ...Tire & Rubber ...nsor of awards in ...omotive program.

...heirs also placed fifth ...ed girls competition ...national event.

...ests in the contest ...ed a written exam ...automobile mainten... ...ions and identifica... ...to auto parts and the ...and traffic symbols. ...so also inspected an ...for unsafe hazards.

...ginia 4-H duo then ...their skills driving ...special serpentine ...ed driving course. ...y also demonstrated ...to parallel park, ...to safely, dock in an alley and perform a braking test.

The contestants, representing 11 Southern states later found time to tour points of interest in the Raleigh - Durham - Chael Hill area.

The three day event ended with a recognition luncheon where awards were presented to contest winners. Hosts for the event were the Cooperative Extension Service, Firestone and the National 4-H Service Committee.

Homecoming Set At New Hope

New Hope Baptist Church at Vera will have its annual Homecoming Day Sunday, Oct. 27. Farmer members and friends of the church are cordially invited to attend.

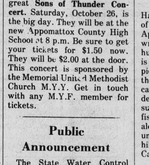
Special recognition will be given to senior citizens.

This Is Your Last Chance!

This week will be your last chance to buy tickets for the great **Sons of Thunder Concert**. Saturday, October 26, is the big day. They will be at the new Appomattox County High School at 8 p.m. Be sure to get your tickets for $1.50 now. They will be $2.00 at the door. This concert is sponsored by the Memorial United Methodist Church M.Y.F. Get in touch with any M.Y.F. member for tickets.

Public Announcement

The State Water Control Board has postponed the James River Dye Study scheduled for October 23, 1974. The study will be resumed at a later date when the river's flow level is lower than the present level.



An Equal Opportunity Employer

Appomattox County Library

The following books have been given to the library by different clubs in memory of a member:

The Secret Life of Plants by Peter Tompkins - This book explores the world of plants and their relation to mankind as revealed by the late discoveries of scientists. It includes remarkable information about plants as lie detectors, as ecological sentinels, their ability to adapt to human wishes, their response to music, curative powers and their ability to communicate with man. It analyzes experiments and theories from the past, many of them ignored or ridiculed. Many other interesting things are also revealed about plants.

The Best Of Babcock by Havilah Babcock - The author of this book is a native of Appomattox County. He has written other books about hunting and fishing. This book is a treasury of memorable pieces that span more than thirty years of his writing career. Included are yarns dealing with such expected subjects as quail-hunting, bass-fishing, training (and getting along with) bird dogs, and some unexpected - such as the hilarious classic "How Not to Catch Bass."

Gettysburg: The Final Fury by Bruce Catton - In this battle account, the author has clarified for all time the causes of the conflict; he has narrated and analyzed the course of events, paying full heed to the human tragedies brought about, and he has examined the military and political consequences of Gettysburg.

We appreciate the hardback and paperback books and children's books which have been given to the library. These are circulated almost as fast as they are bought in.

Why don't you stop in and browse around. Maybe you'll see a book which you would enjoy. If you have suggestions for books for the library to consider purchasing, write the name and author on a slip of paper and drop it in the suggestion box which is on the desk.

Modernistic Club News

Regular preaching services were held at Galilee Baptist Sunday at the 11 o'clock service hour. A very appreciative audience turned out, and enjoyed a very interesting sermon rendered by the Rev. R. Q. Lawing. Those who attended services were greatly lifted.

Beautiful music was rendered by the Senior Choir, under the direction of the organist, Mr. Tim Lawing. All present enjoyed the entire service very, very much.

The Church School was also in progress at the 10 a.m. hour, with Supt. J. A. Watson in charge. A very nice audience was on hand, and enjoyed a well taught lesson for the morning hour.

First Baptist had a full Sunday School at the 9:45 Sunday School hour, Oct. 20, 1974. The lesson for the morning was interesting and those who attended gained helpful information. The offering was very good for the morning.

We learned that sister Theda Harris is not doing her best at this writing. We do hope that she may soon be feeling up to par.

Sister H. B. Stevens is still on the road to recovery.

Mr. James Reed has returned home from the Lynchburg General Marshall Lodge Hospital.

We hope that Mr. Reed may be up and around again very soon. We are glad that he has returned to his home. May God bless all who are sick at this writing.

The pastor, Rev. R. Q. Lawing, Choir and Galilee Church were invited to the Baptist Union Church Sunday, Oct. 20th at 2:30 p.m. in Buckingham. The occasion is the installation service of the Rev. James Franklin, as new pastor of the Baptist Union Church.

We do hope for Rev. Franklin much success in his new pastorship of the Baptist Union Church. You have our prayers Rev. Franklin for a great work in that county.

We are sure Galilee Baptist Church and pastor will have a very enjoyable and successful stay in Buckingham County Sunday, Oct. 20. We trust that the program proved to have been, both spiritual and financial as well.

We are hoping for a very successful anniversary for Mt. Shiloh Baptist Church Usher Board on Sun., Nov. 3, at 3 p.m. Special guest, the Rev. J. W. Paige and his famous choir from Amherst, Va. All local usher boards are invited.

In and Out of Town

Nurse H. Holmes of Baltimore, Md., was a recent guest of her uncle and aunt, Mr. and Mrs. J. A. Hamlet, in Historic Appomattox, Va.

Messres Turner, Leon of Philadelphia, Pa. and Clinton of Richmond, were recent guest of their parents, Mr. and Mrs. Burnette Turner of Spout Spring. The boys enjoyed their week end very much.

Mr. Tanner of Baltimore, Md. and a friend visited his father, Mr. Charles Tanner, of Spout Spring. Mr. Tanner was accompanied by a friend from Maryland.

Mr. Tim Lawing, of Baltimore, Md., is visiting his parents, Rev. and Mrs. R. Q. Lawing, this week end.

Visiting Miss H. B. Stevens over the week end were Mr. and Mrs. J. A. Hamlet and Miss E. H. Jordan. Miss Stevens enjoyed the guest very, very much. See you next week!!!

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